PRESCHOOL & TWO'S #1

1 scoop (scp) = 2 ounces pcs = pieces

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
English Muffins* 2 pcs (1/2 oz) Peaches 2 scps 1% Milk	Kix* 3 scps (3/4 oz) Bananas 1 pc 1% Milk	Scrambled Eggs w/ Ham 1 scp WG Toast* 2 pcs (3/4 oz) Pineapple 2 scps 1% Milk	Pancakes* 1 ½ pancakes (1 ½ oz) Applesauce 2 scps 1% Milk	Oatmeal* 2 scps (4 oz) Pears 2 scps 1% Milk
Soft Beef Tacos w/ Cheese* 1 scp beef 1 pc wg tortilla (1 ¹ / ₂ oz) Green Beans 1 scp Fresh Apples 3 pcs	Cheese and Sausage Pizza* 1 pc (2 oz) Mixed Vegetables 1 scp Cinnamon Apples 1 scp	Fish Fillet* 1 pc (1/2 oz) Corn Bread* 1 pc (1 oz) Broccoli 1 scp Pears 1 scp	Sloppy Joe on WG Bun* 1 scp whole bun (2 oz) Tator Tots Cooked Peas 1 scp Fresh Oranges 3 pcs	HM Chicken Alfredo w/ WG Pasta* 2 scps (4 oz) Cooked Carrots 1 scp Pears 1 scp
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Soft Pretzel Bites* 5 pcs (1 ¾ oz)	Turkey and Cheese Sandwich on WG Bread*	HM WG Cereal Mix* 2 scps (1/2 oz)	HM Fruit Salad 2 scps	WG Sun Chips* (1 ¹ / ₂ oz)
1% Milk	1 pc (3/4 oz) Water	1% Milk	1% Milk	100% Apple Juice

Menu subject to change due to production problems or product availability. * Meets or exceeds ½ ounce grain equivalent requirement.

HM= Homemade WG= Whole Grain

	9/30-10/6	10/28-11/1	11/27-29	12/23-27	1/20-24	2/17-21	3/17-21
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