

INFANT / TODDLER #3

Winter 2024-2025

1 scoop (scp) = 2 ounces pcs = pieces

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Biscuits* 1 pc (1 oz) Applesauce 1 scp 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk	Scrambled Eggs 1 scp WG Toast* 2 pcs (3/4 oz) Mandarin Oranges 1 scp Whole Milk	WG Cheerios* 2 scps (1/2 oz) Bananas 1/2 pc 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk	Toasted Waffles* 1 waffle (3/4 oz) HM Blueberry Sauce 1 scp 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk	Bagels* 2 pcs (2 oz) Cream Cheese Peaches 1 scp 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk
Meatballs w/ Gravy 2 pcs Mashed Potatoes Cheddar Cheese 1 ounce WG Bread* 2 pcs (3/4 oz) Cooked Carrots 1/2 scp Pears 1/2 scp Whole Milk	Grilled Chicken Breast 1 pc WG Bread* 2 pcs (3/4 oz) Sweet Potatoes 1/2 scp Applesauce 1/2 scp Whole Milk	HM Shepherd's Pie (Beef, Cheese, & Mashed Potatoes) 1 scp WG Bread* 2 pcs (3/4 oz) Broccoli & Cauliflower Blend 1/2 scp Mandarin Oranges 1/2 scp Whole Milk	HM WG Macaroni & Cheese* 1 scp (2 oz) Mixed Vegetables 1/2 scp Honeydew Melon 1/2 scp Whole Milk	Ravioli* 1 scp/ 4 Ravioli (2 oz) Shredded Cheddar Cheese Cooked Peas 1/2 scp Apricots 1/2 scp Whole Milk
Peaches 2 scps Saltine Crackers 3 pcs Whole Milk	Ham & Cheese Sandwich on WG Bread* 1 pc (3/4 oz.) 6-11m: Add fruit/veg Whole Milk	Mozzarella String Cheese 1 pc 6-11m: Add fruit/veg; crackers Whole Milk	Bananas 1 pc Gold Fish Crackers 1 scp Whole Milk	Blueberry Muffin* 1 pc (1 oz) 6-11m: Add fruit/veg Whole Milk

Menu subject to change due to production problems or product availability.

* Meets or exceeds 1/2 ounce grain equivalent requirement.

HM= Homemade WG= Whole Grain

10/14-18

11/11-15

12/9-13

1/6-10

2/3-7

3/3-7

3/31-4/4