PRESCHOOL & TWO'S #3

1 scoop (scp) = 2 ounces pcs = pieces

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Scrambled Eggs 1 scp WG Toast* 2 pcs (3/4 oz) Mandarin Oranges	WG Cheerios* 3 scps (3/4 oz) Bananas 1 pc	Toasted Waffles* 1 waffle (3/4 oz) HM Blueberry Sauce 2 scps	Bagels* 2 pcs (2 oz) Cream Cheese Peaches 2 scps
2 scps 1% Milk	1% Milk	1% Milk	1% Milk
Grilled Chicken Breast 1 pc WG Bread* 2 pcs (3/4 oz) Sweet Potatoes 1 scp Fresh Apples 3 pcs	HM Shepherd's Pie (Beef, Cheese & Mashed Potatoes) 2 scps WG Bread 2 pcs (3/4 oz) Broccoli & Cauliflower Blend 1 scp Fresh Oranges 3 pcs 1% Milk	HM WG Macaroni & Cheese w/ Ham* 2 scps (4 oz) Mixed Vegetables 1 scp Honeydew Melon 1 scp 1% Milk	Toasted Ravioli* 4 pcs (2 oz) Cheddar Cheese Cubes 1.5 ounces Salad Pineapple 1 scp
Ham & Cheese Sandwich on WG Bread* 1 pc (3/4 oz) Water	Mozzarella String Cheese 1 pc 1% Milk	Bananas 1 pc Gold Fish Crackers 1 scp 1% Milk	Blueberry Muffin* 1 pc (2 oz) 1% Milk
	Scrambled Eggs 1 scp WG Toast* 2 pcs (3/4 oz) Mandarin Oranges 2 scps 1% Milk Grilled Chicken Breast 1 pc WG Bread* 2 pcs (3/4 oz) Sweet Potatoes 1 scp Fresh Apples 3 pcs 1% Milk Ham & Cheese Sandwich on WG Bread* 1 pc (3/4 oz)	Scrambled Eggs 1 scpWG Cheerios* 3 scps (3/4 oz) Bananas 1 pcWG Toast* 2 pcs (3/4 oz) Mandarin Oranges 2 scpsImage: Cheerios and the second	Scrambled Eggs 1 scp WG Toast* 2 pcs (3/4 oz) Mandarin Oranges 2 scpsWG Cheerios* 3 scps (3/4 oz) Bananas 1 pcToasted Waffles* 1 waffle (3/4 oz) HM Blueberry Sauce 2 scps1% Milk1pc1% Milk1% MilkGrilled Chicken Breast 1 pcHM Shepherd's Pie (Beef, Cheese & Mashed Potatoes) 2 scpsHM WG Macaroni & Cheese & Mashed Potatoes) 2 scpsHM WG Macaroni & Cheese W Ham* 2 scps (3/4 oz)WG Bread* 2 pcs (3/4 oz) Sweet Potatoes 1 scp Fresh Apples 3 pcsHM Shepherd's Pie (Beef, Cheese & Mashed Potatoes) 2 scpsHM WG Macaroni & Cheese W Ham* 2 scps (4 oz)1% MilkHM Shepherd's Die (Beef, Cheese & Mashed Potatoes) 2 scpsHM WG Macaroni & Cheese W Ham* 2 scps (4 oz)Sweet Potatoes 1 scp Fresh Apples 3 pcsPot (3/4 oz) Broccoli & Cauliflower Blend 1 scpHoneydew Melon 1 scp1% MilkHam & Cheese Sandwich on WG Bread* 1 pc (3/4 oz)Mozzarella String Cheese 1 pcBananas 1 pc Gold Fish Crackers 1 scp

Menu subject to change due to production problems or product availability.

* Meets or exceeds ½ ounce grain equivalent requirement.

HM= Homemade WG= Whole Grain