PRESCHOOL & TWO'S SUMMER MENU #3

1 scoop (scp) = 2 ounces pcs = pieces

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Peach/Raspberry Yogurt 4 oz Peaches 2 scps 1% Milk	Crispix Cereal* 3 scps (% oz) Bananas 1 pc 1% Milk	Scrambled Eggs 1 scp WG Toast* 2 pcs (3/4 oz) Mandarin Oranges 2 scps 1% Milk	Waffles* 1 pcs (1 oz) HM Blueberry Sauce 2 scps 1% Milk	Toasted Blueberry Bagel* 1 pc (2 oz) Cream Cheese Pineapple 2 scps 1% Milk
Fish Fillet* 1 pc (1 oz) WG Cornbread* Black Eyed Peas 1 scp Pears 1 scp 1 % Milk	HM Soft Beef Tacos w/ Cheese & WG Tortilla* 1 scp 1 pc tortilla (1 ½ oz) Broccoli 1 scp Cinnamon Apples 1 scp 1% Milk	Grilled Chicken Breast 1 pc WG Bread* 1 pc (1/2 oz) Sweet Potatoes 1 scp Honeydew 1 scp 1% Milk	WG Chicken Bites* 4 pcs (1 oz) Green Beans 1 scp Watermelon 1 scp 1% Milk	Ham & Cheese WG Sandwich* 2 pcs (1 ½ oz) Cooked Peas 1 scp Fresh Oranges 3 pcs 1% Milk
Fresh Apples 4 pcs Cheez-Its* 1 scp (10 crackers) (½ oz) Water	Soft Pretzel Bites 5 pcs (1 ¾ oz) 100% Apple Juice	Animal Crackers 1 scp (1/2 oz) 8 crackers 1% Milk	HM Fruit Salad 2 scps 1% Milk	WG Sun Chips* 1 bag (1 ½ oz) 1% Milk

Menu subject to change due to production problems or product availability.

HM= Homemade WG= Whole Grain

^{*}Meets or exceeds ½ ounce grain equivalent requirement.