1 scoop (scp) = 2 ounces pcs = pieces

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG English Muffins* 2 pcs (1/2 oz) Peaches 2 scps 1% Milk	Oatmeal* 2 scps (4 oz) Pears 2 scps 1% Milk	Scrambled Eggs w/ Ham 1 scp WG Toast* 2 pcs (3/4 oz) Pineapple 2 scps 1% Milk	Pancakes* 1 ½ pancakes (1 ½ oz) Applesauce 2 scps  1% Milk	WG Kix* 3 scps (3/4 oz) Bananas 1 pc 1% Milk
Cheese and Sausage Pizza* 1 pc (2 oz) Mixed Vegetables 1 scp Cinnamon Apples 1 scp	Soft Beef Tacos w/ Cheese* 1 scp beef 1 pc wg tortilla (whole) (1 ½ oz) Green Beans 1 scp Fresh Apples 3 pcs	Fish Fillet* 1 pc (1/2 oz) WG Wheat Bread* 1 pc (1/2 oz) Broccoli 1 scp Pears 1 scp	Sloppy Joe on WG Bun* 1 scp whole bun (2 oz) Tator Tots Cooked Peas 1 scp Fresh Oranges 3 pcs	HM Chicken Alfredo w/ WG Pasta* 2 scps (4 oz) Cooked Carrots 1 scp Pears 1 scp
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Soft Pretzel Bites* 5 pcs (1 ¾ oz)	Animal Crackers 1 scp (1/2 oz) 8 crackers	Bananas 1 pc	Cantaloupe 2 scps Goldfish Crackers	WG Sun Chips*
1% Milk	1% Milk	1% Milk	1 scp 1% Milk	100% Apple Juice

Menu subject to change due to production problems or product availability.

HM= Homemade WG= Whole Grain

9/29-10/5 10/27-31 11/26-28 12/22-26 1/19-23 2/16-20 3/16-20

<sup>\*</sup> Meets or exceeds ½ ounce grain equivalent requirement.