

INFANT / TODDLER #3

Winter 2025-2026

1 scoop (scp) = 2 ounces pcs = pieces

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Biscuits* 1 pc (1 oz) Applesauce 1 scp 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk	Scrambled Eggs 1 scp WG Toast* 2 pcs (3/4 oz) Mandarin Oranges 1 scp Whole Milk	Bagels* 2 pcs (2 oz) Cream Cheese Peaches 1 scp 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk	Toasted Waffles* 1 waffle (3/4 oz) HM Blueberry Sauce 1 scp 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk	WG Cheerios* 2 scps (1/2 oz) Bananas ½ pc 6-11m: Add infant cereal, cottage cheese, or yogurt Whole Milk
Meatballs w/ Gravy 2 pcs Mashed Potatoes Cheddar Cheese 1 ounce WG Bread* 2 pcs (3/4 oz) Cooked Carrots ½ scp Pears ½ scp Whole Milk	Grilled Chicken Breast 1 pc WG Bread* 2 pcs (3/4 oz) Sweet Potatoes ½ scp Applesauce ½ scp Whole Milk	HM Shepherd's Pie (Beef, Cheese, & Mashed Potatoes) 1 scp WG Bread* 2 pcs (3/4 oz) Broccoli & Cauliflower Blend ½ scp Mandarin Oranges ½ scp Whole Milk	HM WG Macaroni & Cheese* 1 scp (2 oz) Mixed Vegetables ½ scp Honeydew Melon ½ scp Whole Milk	Ravioli* 1 scp/ 4 Ravioli (2 oz) Shredded Cheddar Cheese Cooked Peas ½ scp Apricots ½ scp Whole Milk
Peaches 2 scps Saltine Crackers 3 pcs Whole Milk	Graham Crackers 2 squares (1 oz) 6-11m: Add fruit/veg Whole Milk	Animal Crackers 1 scp (1/2 oz) (8 crackers) 6-11m: Add fruit/veg Whole Milk	Bananas 1 pc Gold Fish Crackers 1 scp Whole Milk	Soft Pretzel Bites* 3 pcs (1 oz) 6-11m: Add fruit/veg Whole Milk

Menu subject to change due to production problems or product availability.

* Meets or exceeds ½ ounce grain equivalent requirement.

HM= Homemade WG= Whole Grain

10/13-17

11/10-14

12/8-12

1/5-9

2/2-6

3/2-6

3/30-4/6