PRESCHOOL & TWO'S #3

1 scoop (scp) = 2 ounces pcs = pieces

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Biscuits* 2 pcs (2 oz) Applesauce 2 scps	Scrambled Eggs 1 scp WG Toast* 2 pcs (3/4 oz) Mandarin Oranges 2 scps	Bagels* 2 pcs (2 oz) Cream Cheese Peaches 2 scps	Toasted Waffles* 1 waffle (3/4 oz) HM Blueberry Sauce 2 scps	WG Cheerios* 3 scps (3/4 oz) Bananas 1 pc
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Meatballs w/ Gravy 2 pcs Mashed Potatoes Cheddar Cheese 1.5 ounces WG Bread* 2 pcs (3/4 oz) Cooked Carrots 1 scp Pears 1 scp 1% Milk	Grilled Chicken Breast 1 pc WG Bread* 2 pcs (3/4 oz) Sweet Potatoes 1 scp Fresh Apples 3 pcs	HM Shepherd's Pie (Beef, Cheese & Mashed Potatoes) 2 scps WG Bread 2 pcs (3/4 oz) Broccoli & Cauliflower Blend 1 scp Fresh Oranges 3 pcs 1% Milk	HM WG Macaroni & Cheese w/ Ham* 2 scps (4 oz) Mixed Vegetables 1 scp Honeydew Melon 1 scp	Toasted Ravioli* 4 pcs (2 oz) Cheddar Cheese Cubes 1.5 ounces Salad Pineapple 1 scp
Peaches 2 scps Saltine Crackers	Graham Crackers* 2 squares (1 oz)	Mozzarella String Cheese 1 pc	Bananas 1 pc Gold Fish Crackers	Soft Pretzel Bites* 5 pcs (1 3/4 oz)
3 pcs 1% Milk	1% Milk	1% Milk	1 scp 1% Milk	100% Apple Juice

Menu subject to change due to production problems or product availability.

10/13-17 11/10-14 12/8-12 1/5-9 2/2-6 3/2-6 3/30-4/3

^{*} Meets or exceeds ½ ounce grain equivalent requirement. HM= Homemade WG= Whole Grain